

November 2018

EVGC Talk

WELCOME to our Brand-New monthly newsletter full of information about EVGC, our plans, achievements, upcoming events and updates on Fundraising and Community activities.

HEADLINE NEWS!

We are really pleased to confirm that we are now in the very exciting position to be able to continue with the extension project for the Ilkeston Gym!

EVGC have secured a further loan of £250,000 which will see the demolition of the remaining buildings behind the current gym, renovation of the middle office block along with an extension more than doubling the size of the rear gym.

This will create our much-anticipated **Gymnastics Centre of Excellence**.

However, this is just the beginning..... Our fantastic new facility will also need some brand-new equipment and we really need YOUR help with fundraising activities as we continue to pursue bid and grant opportunities.

If you are able to help with fundraising please let us know!

BG AWARDS – COMING SOON ..



TEAM UPDATE

During September and October there were some changes to the management and coaching team at EVGC.

We now have a team of 8 full-time coaches (12 part-time coaches (including volunteers) and 32 young leaders starting their coaching journey with us.

We also have 5 in our Reception/Administration team, a team of 4 volunteers who form our Committee and 5 volunteers in the Welfare team.

You can now see details of our full team on our website www.evgc.co.uk (photos to follow) and we will introduce a member of the team each month in this newsletter!

We are always on the lookout for qualified coaches to support our coaching team either on a part time regular basis or during the holidays and to cover absence, so if you or anyone you know has the required skills and qualifications and would like to be part of the EVGC team, please contact us at managers@evgc.co.uk.

AWARDS AND GYMNAST ACHIEVEMENTS

We are regularly asked about Awards, particularly for our younger gymnasts, in recognition of their progress and achievements during their sessions.

We are excited to announce that we will be re-introducing the British Gymnastics Awards system in November. This is a well-recognised, badge and certificate scheme across the sport.

We do have our own unique Star Awards programme which we launched earlier this year, but we have taken the decision that this is more suited to the advanced and slightly older gymnasts and will be used as a follow up Awards scheme to the BG Awards.

So, if your gymnast has been eagerly awaiting their first badge or certificate they won't have to wait much longer!

We will be holding Parents Information Evenings on 13th and 14th November open to all parents so that we can explain the scheme as well as providing you with other useful information about the club and gymnastics in general. Details of this event will be sent separately by email.

DID YOU KNOW....

We offer more than just children's gymnastic sessions!!!

STAY AND PLAY SESSIONS

A parent and toddler group where you can have some fun in our gym with your little one.

SENSORY PLAY

Bring your baby along to enjoy the magic of sensory play. Sessions run at the same time as Stay and Play

ADULT CLASSES

Come along and try new skills. Gymnastics is great for fitness, strength and agility. We welcome beginners and those that want to rediscover their gymnastic talents!

FREESTYLE

We set up the gym to provide an exciting space to practice all those Parkour and freestyle skills you have been watching on YouTube

CHEERLEADING

This is relatively new class and we are developing fun ways to combine dance and cheerleading skills with gymnastics skills and Acro balances!

PARTIES

Book your gymnastic party or get more information from:

parties@evgc.co.uk

ROOM AND GYM HIRE

Hire our gym or communal areas and meeting rooms.

Email managers@evgc.co.uk to find out more

UNIFORM

We are currently updating our coaching and gymnast uniforms!

In the coming weeks you will see all our coaches in their brand-new tops and hoodies, making them easily identifiable in the gym.

We have also redesigned the range of clothing available for our gymnasts. During November we will launch a bespoke website where you will be able to order a range of EVGC tops and other garments for your gymnast.

All competing Gymnasts who attend competitions will also be able to order the EVGC competition tracksuit which has only previously been available to Squad gymnasts.

GYMNAESTRADA 2019 – Senior Display Squad

Gymnaestrada is a world-wide, non-competitive FIG Gymnastics for all event that is held every 4 years. It is the world's largest gymnastics event with over 20,000 participants and around 50 nations taking part. This year the event is being hosted in Austria.

Our display girls are very excited to be part of this amazing event and to represent Great Britain and EVGC on a world stage. They will have their first GB kit fitting at the end of November when they will meet some of the other clubs going to Austria with them.

FUNDRAISING...

In October the Display girls and their parents put on a Cake Sale to raise money for the trip and worked really hard baking some amazing cakes. They raised £500 which will all go towards the trip next year.

They are already planning and looking forward to their Christmas themed fundraising event so keep your eyes open and please give them your support.





MEDALS GALORE! WELL DONE TO OUR MENS ARTISTIC SQUAD AND OUR ADVANCED GIRLS FOR THEIR FANTASTIC WORK IN RECENT COMPETITIONS!!

TUMBLETHON WAS TUMBLETASTIC!

Another FUNdraising event was held during September. It was the first ever TUMBLETHON event organised by the club and we would like to say thanks to all our tumbling gymnasts for their hard work and for making this event so much fun.

We are really pleased to announce that we have raised an enormous:

£2,525

Category	Tumbles	Winners
Gymtots	20	Eloise Hessey
Gymtots	20	Pearl Fisher
Rec KS1	49	Charlotte Widdowson
Rec KS2	42	Kiera Harral
Rec KS3	53	Liberty McCallum
Advanced	49	Mya Venison
Squad	64	Jack Morgan

Congratulations to all our Tumblethon winners and a BIG, BIG thank you to:

★ ★ ★ Grace Tooley who raised a massive **£180!** ★ ★ ★

COMPETITION NEWS – Witham Hill

Massive congratulations to our boys who competed at Witham Hill in October.

In the boys open category we had Charlie Gibbs and Luke Stuart who both came home with their necks full of medals.

In the senior category congratulations to Ruben Booth, Brayden Clarke, Henry Richards, Will Riddle and Dylan Samson who all achieved apparatus medals with Brayden Clarke winning the overall highest score of the weekend for the boys!

We have the British Grades Finals at the Gmac Center in Birmingham on Friday 9th and Saturday 10th November.

Making the regional teams and representing East Midlands from EVGC we have Benjamin Batten-Plowright in Level 1 with Sammy Pascoe as 1st reserve, Oliver Pascual in Level 2 with Rhys Pounder as first reserve and Joe Peverley and Kwadwo Afirifah-Mensah in the Level 3 team and William Fergusson in the Level 4. Jack Morgan also qualified for the Level 4 Team but has had to pull out due to injury. We wish everyone good luck in the competition and Jack a speedy recovery.

Witham Hill - Advanced Girls Squad

The Advanced Girls Squad also did an amazing job at the Witham Hill Autumn invitational. They made EVGC very proud.

All the girls worked so hard to prepare for the competition and their effort paid off during the weekend of competition. Just look at all those medals!

SPOOKY FUN AT OUR HALLOWEEN DISCO!

Happy Halloween

Another FUNdraising event was held in October and our annual Halloween Disco was a SPOOK-tacular success.

A big thank you to all who supported this event and an even bigger well done to all for the fabulous costumes which really added to the ghoulish fun.

The children danced their socks off and joined in all the ghostly games. They were particularly enthusiastic about turning their coaches into Mummies!!! They really got into the spirit of the evening!!!!

Well done to our coaching team for once again delivering an evening of spooky fun.

A special thanks to Danni who once again did us proud providing the lighting, sounds and eerie atmosphere!



If you are interested in supporting the club with this interesting project, please email:

hannah.gibbs@evgc.co.uk



If you would like to be involved and join our brand-new Fundraising Committee, please register your interest by sending an email to

directors@evgc.co.uk

and we will send you some further information.

EVGC HERITAGE FUNDING

We are excited to start exploring the heritage of EVGC. Last month we had our first meeting with some past and longstanding members of the club to start researching the history of EVGC.

We will be working alongside a Derbyshire Heritage Charity who will support us with expert knowledge on this kind of research.

We met with the founder of the club which was brilliant, and it was so interesting to hear how he started the club so many years ago.



WE NEED YOUR HELP!

As a registered Charity, fundraising plays a key role in supporting the club's growth and requirement for new equipment, etc.

We will provide you with updates on our fundraising targets and achievements each month via this newsletter and notices across the Club.

We are looking for volunteers to support our FUNdraising activities which range from helping with cake sales, helping with shows and events through to support with large fundraising bids and grants!

As we commence the Ilkeston expansion project, we will be looking for fundraising ideas to generate much needed funds for brand new Olympic standard equipment and seating to enable us to host regional and national competitions.

We need your help and expertise, so we hope you will join our efforts to provide the best facilities for our gymnasts and the local community

YOU SAID....

We can't see who the coaches are!

WE DID....

New and highly visible uniform is on its way!

YOU SAID....

Other sport and clubs give out lots of progress rewards.

WE DID....

Launching the British Gymnastics Awards which we will tell you more about at our information evening!

YOU SAID

We want to know about events in advance.

WE DID....

Large Events posters on order for both sites and launched a monthly Newsletter!

You can find us at:

New Tythe Street, Long Eaton
NG10 2DL

Hallam Fields Road, Ilkeston
DE7 4AZ

WWW.EVGC.CO.UK

Follow us on Facebook and Instagram



UPCOMING EVENTS

A number of parents have asked us to provide dates for events, competitions and Fundays with as much notice as possible to be able to plan in advance from a financial perspective and also from a work/school holidays perspective.

During November we will be introducing an Upcoming Events Poster at both locations where we will endeavour to provide you with dates of future events up to 6 months in advance.

Here are a few dates for your diaries:

Dates	Events
Fri 9th Nov Sat 10 th Nov	Mens Artistic British Grades Finals at the GMac Center in Birmingham
Tue 13 th Nov Wed 14 th Nov	Parents Information Evening at Long Eaton from 6.30pm to 8.30pm
Fri 14 th Dec	Christmas Show – Times TBC
Sat 15 th Dec	Christmas Show – Times TBC
Sat 22 nd Dec	Club Closes for Christmas Break
Wed 3 rd Jan	Club reopens
Mon 21 st Jan	Awards Week
Tue 19 th Feb	Half Term Funday at Long Eaton 9:30 to 15:30
Wed 20 th Feb	Half Term Funday at Ilkeston 9:30 to 15:30
Thu 21 st Feb	Half Term Funday at Long Eaton 9:30 to 15:30
Sun 17 th Feb	Valentines Competitions
Sat 2 nd Mar	Mens Artistic Club Championships
Sun 10 th Mar	The Big Balance

BUILDING UPDATE

ILKESTON: A new heating system is being installed in November. We currently have no gas feed to the site, so this will be quite a big project. We hope that there will be minimal disruption to the site during the installation.

We currently have an issue with the outside lighting and this will be a priority now that the nights are drawing in.

LONG EATON: New Tythe Street needs some TLC which will start with some desperately needed repairs to the external roof and internal ceiling panels which we hope will also start during November.

Parking remains a problem at Long Eaton and we hope to introduce a one-way system so vehicles exit the site via Station Road. We will keep you updated on this potential change.